

Winner Mindset UPDATES



The Official Newsletter

Hi from Winner Mindset, we hope you're having a great summer!
We're excited to share the continued impact our program is having
with our students.

Hear from our participants!

My name is Kiylijah and I am a Junior at Wilberforce University, majoring in psychology. I am a mental health advocate and after I graduate I plan on working with children and teens to help them better themselves and get a better understanding of their mental health and how to manage it. I started going to the Winner Mindset sessions last semester and since then I have gotten a better understanding of what mental health is and how it affects myself, my peers and the people I care about. This semester I volunteered to work as a coordinator for the program and each week we had a guest speaker come in and talk about different topics on mental health. Being a part of the program was a great opportunity for me to meet some new people and learn more about mental health in the black community.

Want to get more involved?

Winner Mindset is looking for volunteer mentors and new board members to join our organization. If you would like to learn more about either opportunity, reach out to Arnetta at winnermindsetorg@gmail.com.

We are also looking to bring our Trauma Recovery programs to more Historically Black Colleges and Universities in our region. If you are interested in learning more, please send an email to winnermindsetorg@gmail.com.

Winner Mindset is a 501(c)3 charitable organization. Your donation helps us to reach more students with critical mental health and trauma recovery services. Thank you for partnering with us on this journey!

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